

# "Tips and Tales"

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*An Irregularly Published Independent Screed Produced by and for  
the Residents of Sunnyside for Sharing News and Information  
about and of Interest to Them*

## SUNNYSIDE ADOPTS MASSANETTA SPRINGS ROAD



Note: This is the generic sign;  
'ours' will say Sunnyside  
Residents at the bottom.

At least twice a year, volunteers from Sunnyside will pick up the roadside trash from Rt 33 to Shen Lake Drive. VDOT will provide safety signs, safety vests, gloves and orange trash bags. Once each date is selected by the Green Committee, up to four volunteers will be recruited for each pick up, who will be trained in safety procedures and what to pick up and what to leave. Physical ability to walk uneven ground, to stoop, and to handle a large plastic bag for approximately two hours is required. The first litter pick up is planned to be Thursday, April 14<sup>th</sup>, with rain day Friday, April 15<sup>th</sup>. Contact Andy Sale at 8433 and watch Channel 970 for details.

> Andy Sale

## MORE TIPS FROM VIRGINIA (Particularly for newcomers)

1. Nice **laundromat**: for big items like comforters, spreads, sleeping bags. In shopping center on Rt. 33W, past the interstate, and to the left where Big Lots is located.

2. **Braithwaite's Glass Studio and Cafe: Dayton**, just outside town on Rt. 257W (en route to Montezuma) beyond Credit Union bldg on the left. Was formerly a Dunkard church. Nice spot for **poetry readings, small groups, with homemade soups**, etc.

3. **UPS** service here on campus: shipping dept.

4. Kroger's: **Private Selection** items: jams/jellies, sorbet, bread (extremely thin rye).

5. Marvelous *a capella* **congregational singing**: Park View Mennonite Church, near EMU: 9:30 am, Sundays; also WEMC

6. **24-hr classical music** (except 9:30-10:30 Sunday and 8-9 pm Wednesday) : **WEMC 91.7** *Sing for Joy* from St. Olaf on Sundays at 7 am

7. **Karis Consignment Store**: south of Bridgewater on Rt. 11, furniture and household items

8. **WONDERFUL THRIFT STORES: Tried and True**, near Costco and Sunnyside Corporate Office and **Gift and Thrift**: Mt. Clinton Pike, near EMU

9. **Sharp Shopper**: Rt. 11 south

>Virginia Bethune

Another useful solvent for removing adhesive residue and some marker writing is rubbing alcohol. 91% is best. But 70% will also work, just a bit slower.

Some chemical residues are easily removed using lighter fluid.

## WHY

Give me just the soft breeze upon my face,  
That I may remember an ocean.  
Give me just the magic of a smile,  
That I might be warm.  
Give me just love,  
That I may feel needed in this world.

Let me use the art of speech,  
That I might teach others.  
Let me listen with an open mind,  
That I might learn.  
Let me see beauty,  
That I might find truth.

Help me know the value of life,  
That I may not destroy it.  
Help me find a useful purpose,  
That I may serve it.  
Help me give of myself,  
That I might find happiness.

Give me just peace,  
That I may live with my fellow man.  
Let me be free,  
That I might regard the freedom of others.  
Help me know my own faults,  
That I might not unjustly criticize others.

> Loring Topp (Erik and Faye Topp's son)  
Written when he was in high school  
Spring of 1972

## FOR YOUR CONSIDERATION: SUNNYSIDE SILENT AUCTION ITEM #33

Our Silent Auction at the Apple Butter Festival last year made a significant contribution to the bottom line of our entire festival.

We made the decision early in the process to add higher priced items to the auction last year, just to see what happened. What happened? We nearly tripled what had been raised in the past!

Now ladies and gentlemen, we have raised the stakes and are setting our sights on at least equaling what we did last year, hopefully exceeding that amount. It is quite an undertaking, and that is why we are asking all of you to carefully consider how you could make an



important contribution to our auction this year. Last year was the first time we offered items that were more of an “experience” – everything from tickets to sporting events (Redskins and JMU Basketball), two-nights at a lovely inn, and a 7 course Japanese Dinner for 6. All of these items were the result of the generosity of your fellow residents or through a connection they had with someone else. And that is what we would like to be able to offer again this year. To whet your appetite and provide motivation – here is our special experience after making the winning bid on Item #33 – 7 Course Japanese Dinner for 6.

The winning bid was placed by our group – Bill & Hope Stoner, Bill & Linda Ingham, and Tom & Pat Harkins. Another tip for you – it is much easier to write down a high bid on an item when you know you have a group of your friends behind you!



The Carniglia's home here at Sunnyside served as our “restaurant” for the evening and it is a lovely and serene setting, elegantly Asian décor with Japanese artwork and hostess dressed in traditional

kimono. Our menu was based on the sophisticated traditional Japanese multi-course meal (Kaiseki) prepared from fresh, seasonal ingredients. It is a wonderfully delicate form of Japanese cuisine not commonly found outside of its native home. Each course is small and aesthetically pleasing, a work of art on your



plate. Our hostess explained each course, the preparation, why certain items are prepared in a special way and their significance. It was an amazing cultural experience along with a delicious meal. Starting with Mukouzuke (appetizers) through 7 courses we sampled everything from sashimi – a dish most of us had never tried before – oysters, shrimp, spring roll, chicken, a clear soup, and finally, our dessert a beautiful rose-colored poached pear. The entire meal was a feast for eyes and stomachs. I don't have nearly the space to describe each course to you, so ask one of us about the experience; we will be happy to tell you all about it.



It may seem early, but the Apple Butter Festival, including the Silent Auction will be here before you know it – Saturday, September 24<sup>th</sup>. Between now and then, the Silent Auction Group will be hard at work, making sure we have a variety of unique items as well as experiences to offer again this year. We have so many talented and generous residents; please consider what you might be able to contribute -- Brunch for 6 or 8, a private calligraphy lesson, an evening of music, or a private cooking lesson. Consider what you might have to offer, or look around your home for a unique item to donate. Items such as: costume jewelry, scarves, a collectible or folk art, a small antique, pottery, crockery, quilts, small art works – personal or purchased, decorative pillows or throws. The options are many and we will be here to help you select a donation or discuss any idea. Our Group: Pat Harkins, Joanne Bell, Nan Bowman, Gini Reese, Carol Anne Van Duyn, Gina Holden – and our special advisors/experts – Barbara Wheatley and Polly Scott. Call us and we will be happy to discuss your idea or contribution.

There were so many of you that spoke with us last year after the auction and wanted to do more this year; I hope you are still interested. You will be hearing more in the months ahead as we gear up for what we hope to be an even more successful

event. With your help and generosity, it surely will be! Take a cue from the Carniglias; their generous contribution helped us bring in over \$6,000 last year, and this year we intend to prove that lightning can strike twice, we can do it again. With your help, we will do it!

>Pat Harkins

### **THE SPIRIT HOUSE IN THAI LIVES (Free Verse)**

Please come to the realm of the very wise hosts,  
Where the spirits abide and loan their land  
To the people they love and who kow-tow  
To show their love and respect for the spirits.

The spirits have lived here in peace for eons past  
In fact, I am told, they're as old as the earth  
And their houses are of the same age  
And they never show hate, but they use it so well.

The colonial powers, England and France  
Made wars of hatred and greed since ten  
Sixty-six. These two enslaved much of the world,  
But the Thais and their spirits stayed free.

The Thais continued their lives with their spirits  
They kept the Brits and the French far away.  
When the Thais wish to marry they ask for  
The use of a small piece of land, which the

Spirits will loan for as long love makers thrive  
There is one condition: build first a house  
For the spirits in the lovers' back yard  
Where the shade of the new house will never fall

On the home of sun loving spirits.  
The wife, she will soon be a mother  
Will place flowers each day on the spirits' porch  
To say to their spirits we honor and fear you

In this reincarnation and all those to come  
For love of the Thais, I was their teacher,  
And they were my mentors who taught me to  
Learn from their spirits' very deep wisdom.

>Frank Barch

## APPLE HARVEST CHILI

1 16 oz. jar thick and chunky salsa  
1 15-16 oz. can chick peas, rinsed and drained  
1 15-16 oz. can black beans, rinsed and drained  
1 14.5 oz. can reduced-sodium chicken broth  
1 apple, chopped  
2/3 c. dried cranberries, golden raisins, or snipped  
dried apricots  
1 T unsweetened cocoa powder  
2-3 t. chili powder  
Several dashes chipotle-flavor bottled hot pepper  
sauce  
2/3 c. coarsely chopped cashews

In a 4- or 5-quart Dutch oven,\* combine all ingredients except cashews. Bring to boiling; reduce heat; simmer, covered, for 20 minutes. Just before serving, stir in cashews. (I add the cashews separately to each serving.) Makes 4-5 servings.

\*or slow cooker...

>Virginia Bethune

## LITTLE HOBO MOUSE

My little mouse had a great idea,  
she'd climb the Massanutten Peake.  
She'd climb the mountain, look all around  
To see what she could see.

Oh my! She saw lakes and rivers,  
Woods and forests, too.  
So she got herself a hobo stick  
To walk like hobos do.

My mouse got excited! She'd travel around,  
A journey it would be.  
So she tied her things to a hobo stick  
And wondered what she'd see.

She put on her little coat and hat,  
Took up her walking stick.

Twirling the stick as she went along  
And singing a marching song.

Up and down the valley road,  
Marching right along  
She saw the beauty of the land  
And sang a happy song.

Then she went in the house  
in the room,  
in the little bitty hole.

<Helen Miller

Come to the computer club meetings.  
If you don't find the topics interesting,  
you can always snooze, as long as your  
snoring doesn't become disruptive.

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